Supplementary Table 1. A methodological quality assessment of the included studies using the Newcastle-Ottawa Scale (NOS). Each study was evaluated on the following: the study groups selected; the groups comparability; and the ascertainment of the outcomes measured. If the study met the requirements for each characteristic, a star was assigned. A maximum of nine stars can be awarded to each study.

Newcastle-Ottawa Quality Scale ★

	Selection				**Comparability**		**Outcome**			
Study (Year)	Representativeness of treated cohort	Selection of comparative cohort	Ascertainment of treated cohort records	Outcome of interest was not present at start	Controls for age/sex	Controls for any additional factor	Assessment of outcome	Long enough follow-up	Adequacy of follow-up	Total Quality Score
Ahn et al[2] (2021)	★	★	★	★	★	★	★	★	★	9
Declercq et al[10] (2022)	★	★	★	★	★	★	★	★	★	9
Getgood[19] (2020)	★	★	★	★	★	★	★	★	★	9
Jacquet et al[29] (2021)	★	★	★	★	★	★	★	★	★	9
Rowan et al[48] (2019)	★	★	★	★	★	★	★	★	★	9
Trichine et al[54] (2014)	★	★	★	★	★	★	★	★	★	9
Porter and Shadbolt[44] (2020)	★	★	★	★	★	★	★	★	★	9
Mahmoud (2022)	★	★	★	★	★	★	★	★	★	9

Noyes and Barber[39] (1991)	★	★	★	★	★	★	★	★	★	9
Vadalà et al[55] (2013)	★	★	★	★	★	★	★	★	★	9
Viglietta et al[56] (2022)	★	★	★	★	★	★	★	★	★	9