

**Appendix 1.** Quality Assessment of the included studies by the Newcastle-Ottawa Scale (NOS). Each study was evaluated from three broad perspectives: the selection of study groups, the comparability of the groups, and the ascertainment of the outcomes measured. A star indicates that the study met the requirements for the characteristic in question. A maximum of nine stars can be awarded to each study.

<b>Newcastle-Ottawa Quality Scale ★</b>										
	<b>Selection</b>				<b>Comparability</b>		<b>Outcome</b>			
Study (Year)	Representativeness of treated cohort	Selection of comparative cohort	Ascertainment of treated cohort records	Outcome of interest was not present at start	Controls for age/sex	Controls for any additional factor	Assessment of outcome	Long enough follow-up	Adequacy of follow-up	Total Quality Score
Chung et al <sup>19</sup> (2020)	★	★	★	★	★	★	★	★	★	9
Hiranaka et al <sup>21</sup> (2020)	★	★	★	★	★	★	★		★	8
Furumatsu et al <sup>20</sup> (2022)	★	★	★	★	★	★	★		★	8



Yanagisa wa et al <sup>25</sup> (2020)	★	★	★	★		★	★		★	7
Kaplan et al <sup>17</sup> (2018)	★		★	★		★	★	★	★	7